



Rebecca Ruth Helms

NOV 6, 1929 - APR 3, 2017



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Rebecca “Becky” Ruth Morrow Helms grew up in northeastern New Mexico, on the family ranch in Trinchera Pass, New Mexico. Becky treasured her childhood and the experiences she had growing up on the ranch. She had many fond memories of her daddy herding cattle and singing Irish ballads as he walked to the barn to milk the cows.

Later, in Colorado, she attended St. Scholastica Catholic boarding school in Canyon City, Colorado, where she made life-long friends. She continued her education at New Mexico A & M College in Las Cruces, New Mexico and Keller Business School in Albuquerque, New Mexico. After schooling, she worked for Mountain Bell in New Mexico for three years before moving to Salt Lake City, Utah, where she worked at the Salt Lake County Treasurer’s Office in the Tax Abatement department for thirty years.

On June 13, 1953, she married Wesley John Helms in Folsom, New Mexico. Her faith and family were of the utmost importance in her life. She was a devout Catholic and an active parishioner of St. Ambrose Catholic Church, where in her later years she had many fun times participating in St. Ambrose social and charitable organization, the 49ers. Becky enjoyed researching and collecting her family’s history and delighted in travel abroad, especially in visiting Ireland, to see for herself the Morrow family’s origin. She was a loving wife, mother, grandmother, sister, aunt, and friend to many. She took great pride in her three children and will be missed and always remembered with love by them.

She was preceded in death by her husband, parents John Morrow Jr. and Dorothy M. Trumble Morrow, brothers, John Francis Morrow, Thomas J. Morrow and sister, Patricia Ellen Morrow. She is survived by her children, Sharon Helms (Ron Coulam) of Portland, Oregon, David (Heather) Helms of Corvallis, Oregon, Shauna (Hank) Erkenbeck of Seattle, Washington, and her sister, Abbie Jane Morrow Reaves of Trinchera, New Mexico as well as five beloved grandchildren and many nieces and nephews.



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Becky will be remembered as a dedicated mother, and a strong, independent, and fun loving woman. She had a profound impact on the lives of all her friends and family, and will be deeply missed.

Funeral Mass will be held at 10:00 a.m. on Tuesday, April 18, 2017 at the St Ambrose Catholic Church, E 2315 Redondo Ave S, Salt Lake City, UT 84108. Interment will follow at the Mount Calvary Cemetery.



Tribute Wall

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HH

Heather Helms lit a candle in honor of Rebecca.

I remember how kind you were to me when we first met. I loved coming to your house and talking about your family history and the ranch. Then, later, the laughs we all had when you and Abbie came to Thanksgiving 🥰 at my house. Thank you for raising such a great family that I could marry into and feel a part of. Taking care of you with Dave and the conversations we had will never be forgotten. I loved you like my own mother and I will miss you so much. You are finally at peace with your dear Wesley. Loves forever. Heather Helms



April 17 at 10:02 AM

KE

Kendall Erkenbeck posted:

I remember when Grandma would come for christmas. She would sleep in my room and then we both would get up and talk about everything about christmas!

April 13 at 2:34 PM



Patte Smith posted:

Thinking of our Sweet, funny, witty and loving Aunt Becky, my mother's sister, born with the same fiery red hair. She always had a joke to share sometimes dirty, and a personal knowledge of family ancestry that bordered on encyclopedic. I will miss our visits on the phone. So glad I got to see her one last time, I loved her so much. Rest peacefully, Aunt Becky!

April 13 at 5:12 AM

SH

Sharon Helms posted:

Mom, during this Easter season, I'm remembering that you always made sure that we had beautiful Easter baskets, filled with VaLora's divinity eggs and Fernwood's mints. I love you and miss you dearly. I am comforted knowing that you are celebrating Christ's resurrection in heaven, telling jokes and having a grand time with your daddy, my dad, and your brothers and sister.

April 12 at 7:10 AM



Memories only last if you share them

Join us in honoring Rebecca by contributing to a collection of shared memories.



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